



Name:			
Date watched: / /			
This worksheet has been developed by Wounds UK to help you identify key learning points from the TVN <sup>TV</sup> videos, and to provide a framework for clarifying and recording CPD initiatives that you carry out as a result of this learning.			
Film name:			
Film duration:			
1. Identifying key learning points What were the key learning points from this presentation?			
2. Reflect: Self-appraisal or assessment What are your personal and organisational needs related to this session? What could be changed or improved in your practice as a result of what you have learnt?			
3. Plan: Designing a professional development plan What are the possible CPD initiatives related to the needs identified above? What kind of activities could you include to help you address the changes identified above in your practice (e.g. discussions with colleagues, patient records review, interest group meetings, secondments, deputising)?			





4. Act: Putting the plan into action  Record a stepped action plan below for implementing the changes identified in section 2 in your practice (photocopy this sheet if you need more space to record your action plan).			
Next steps to take	a your action plants.	Date of implementation	
5. Evaluate: Reviewing the results and as What have you done as a result of this pro Would you do anything differently if you re	ocess? What was successful? Did you encou	inter any problems?	
would you do arrything differently if you're	peated the activity:		
How has the initiative impacted on patient care?			
6. Claim credits for this activity Use the table below to record the number of hours spent on this CPD activity, and indicate whether or not the impact factor can be applied:			
Time taken for this activity (hours)			
Can you demonstrate the impact of this activity on patient care? (If yes, multiply the number of hours spent by two)			
Total number of credits claimed			
Cignatura		Data	